

“Family Mental Health for Parents During the Corona Pandemic”



Live Webinars by Manhattan Psychology Group, PC

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Click on This Link to Join any of the Webinar dates/times below:

<https://us04web.zoom.us/j/5497889124>

- Sessions run from April 13 - April 26th (see below for exact dates and times)
- 60 minutes each, led by one of our 10 psychologists from MPG
- It's the same webinar being offered multiple times
- Topics: 2-phase plan for the family, adult & couples self-care, signs of distress in kids, parenting tips to keep the peace, how to increase bravery in kids and tele-CBT for families
- Last 20 minutes will be for Q/A
- Max allowed is 20 families per meeting on a first come, first serve basis
- No RSVP needed
- Please be ready in the “waiting area” at least 5 minutes before the webinar starts to be admitted as we will be starting on time
- When you join, please make sure to turn off your video and change your name if you want privacy
- A recorded session is available below

Dates & Times Last updated 4/17/2020

Saturday, April 18th

8:30 pm - Joshua Rosenthal, PsyD, President of Manhattan Psychology Group
<https://manhattanpsychologygroup.com/our-team/staff/child-psychologist-nyc/>

Recording from this webinar - We apologize about the sound issues until min 13. The mic was rubbing against my shirt!

https://us02web.zoom.us/rec/play/v5Mtf-D8rz03E9LHswSDB_V9W9W8evqshykX8vVeyBm1U3IVZIWib-FBMes8HtN1t00JY5j-FCFqS4Zw?continueMode=true

Sunday, April 19th

8:30 pm - Chelsey Rosen, PsyD
<https://manhattanpsychologygroup.com/our-team/staff/chelsey-rosen-psyd/>

Monday, April 20th

8:30 pm - Shuni Zerykier, PsyD
<https://manhattanpsychologygroup.com/our-team/staff/shuni-zerykier-psyd/>

Tuesday, April 21st

8:30 pm - Ariel Kornblum, PsyD
<https://manhattanpsychologygroup.com/our-team/staff/ariel-kornblum-psyd-bcba/>

Wednesday, April 22nd

8:30 pm - Lauren Feiden, PsyD
<https://manhattanpsychologygroup.com/our-team/staff/lauren-feiden-psy-d/>

Thursday, April 23rd

9 pm - Elana Rimler, PsyD
<https://manhattanpsychologygroup.com/our-team/staff/elana-rimler-psyd/>

Friday, April 24th

8:30 pm - Margaret Areizaga, PsyD
<https://manhattanpsychologygroup.com/our-team/staff/margaret-areizaga-psyd/>

Saturday, April 25th

9 pm - Margaret Areizaga, PsyD
<https://manhattanpsychologygroup.com/our-team/staff/margaret-areizaga-psyd/>

Sunday, April 26th

9 pm - Elana Rimler, PsyD

<https://manhattanpsychologygroup.com/our-team/staff/elana-rimler-psyd/>